

Writing across the Curriculum
Valencia PE essay assignment

The ultimate objective of a physical education program is to teach students the physical and behavioral skills they need to be active for life.

Being “Fit for life” is more than a department slogan....

Essay Topic:

- Explain how the Valencia physical education program will help prepare you to be fit for life.

Essay Directions:

- Write an essay on the topic provided.
- The finished essay **MUST** be typed and double spaced.